

YMCA OF BUCKS COUNTY

FALL

PROGRAM GUIDE

Newtown | September 2020

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WELCOME HOME! We are thrilled to head into the fall with some of your favorite programs returning including youth sports and leagues, swim lessons, swim and gymnastics teams, and the launch of our new members-only virtual platform for group exercise and youth programs. While not all programs are available at all branches, we encourage you to explore all that is available with your membership across Bucks County. You'll find information about programs, changes to our facility hours, new safety protocols and more, here in this guide. We look forward to seeing you at the Y!



Doylestown Branch
2500 Lower State Road
215.348.8131
[Click here for hours and amenities](#)



Fairless Hills
601 S. Oxford Valley Road
215.949.3400
[Click here for hours and amenities](#)



Newtown
190 S. Sycamore Street
215.579.6200
[Click here for hours and amenities](#)



Quakertown
401 Fairview Avenue
215.536.9622
[Click here for hours and amenities](#)



Warminster
624 York Road
267.387.9622
[Click here for hours and amenities](#)



FITNESS

YMCA of Bucks County offers state-of-the-art fitness centers and exercise studios, focused on the health and wellbeing of each of our members. Our fitness centers are open during our new operating hours with no reservation required. Safety protocols including social distancing and mask-wearing (while not actively working out) are in place. **Find out more about our safety protocols on our website at ymcabucks.org/reopening.**

GROUP EXERCISE

Group exercise classes are available virtually and in-person

In-person group exercise classes are available indoors and outdoors, as weather permits. Drop-ins are permitted as long as class size limitations are maintained but reservations are strongly recommended to guarantee your spot in a class.

To make a reservation for in-person group exercise, visit ymcabucks.org/schedules.

MEMBERS-ONLY VIRTUAL PLATFORM – We are so excited to announce that we will be providing a private, members-only virtual platform for group exercise and youth sports and play programs. The platform will give you your favorite YMCA of Bucks County instructors live and on demand; plus, access to 1000s of classes including training, mindfulness, nutrition, stress management and more. Additionally, it will support your health and wellness journey with goal setting and tracking, personalized programs and recommendations. This members-only platform will replace our current Zoom programs and is included in all adult and family full membership types. Youth and teens are invited to participate through a family membership.

Now through September 14, access online group exercise classes at ymcabucks.org/GEXlinks to access classes via Zoom.

Beginning September 15, access online group exercise classes through our new members-only virtual platform. Watch your email for details!

GYMNASIUM

Doylestown

Open gym for basketball is available on a reservation basis. Gymnasium is limited to a total of 10 participants.

Quakertown

Adult pickleball and open gym for basketball are available on a reservation basis. Gymnasium is limited to a total of 10 participants.

Fairless Hills

Open gym for basketball is available on a reservation basis. Gymnasium is limited to a total of 10 participants. Our walking track is available following social distancing guidelines.

To make a reservation for gymnasium use, visit ymcabucks.org/schedules.

AQUATICS

Doylestown, Fairless Hills and Quakertown

Lap swim, open/family swim, whirlpool (Doylestown) and some aquatics group exercise classes are available via reservation system. Reservations can be made online at ymcabucks.org/schedules.

Prior to your visit, please read our safety protocols at ymcabucks.org/reopening.

STAY & PLAY

Stay & Play is available at our Doylestown, Quakertown and Warminster branches within limited hours, by reservation only, through the MindBody App. Reservations must be made by 8 PM the evening prior.

Doylestown

Thursday 5-7:30 PM

Saturday 8:30 AM-12 PM

Sunday 9-11 AM

Quakertown

Monday and Wednesday 5-7 PM

Warminster

Monday-Thursday 5-7 PM

Hours and information found at ymcabucks.org/stayandplay.

DOYLESTOWN SKATEPARK

The skatepark is reopening within limited hours.

For more information visit ymcabucks.org/skatepark.



YOU BELONG WITH US

With \$0 join fee save up to \$149*

*Based on membership type and branch

IT PAYS TO BELONG!

Membership has its privileges! In addition to access to our fitness centers, gyms, pools, you'll receive in-person group exercise classes, and our members-only live and on-demand virtual platform. Plus, all of our paid programs have reduced pricing for members and in many cases a membership pays for itself after only a few months! Do the math and join today!

Memberships are available for all individuals and family sizes including youth and teen memberships and family memberships. **Visit our membership page for information at ymcabucks.org/rates.**

Thinking about joining? There's no better time than now - there's **no join fee during September!**

MONTHLY DRAFTS

You asked, we listened! For our regular youth and adult sports programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family!

Learn more at ymcabucks.org/membership/monthly-draft



FINANCIAL ASSISTANCE

Financial assistance is available for membership, programs and child care through an application process. In time of need, Y financial assistance provides assistance to individuals and families based on an application that takes household income, job loss and other special circumstances into consideration to determine a percentage of aid, based on a sliding scale.

Full information and application details about our financial assistance program can be found on our website here ymcabucks.org/fa

OPERATION COMPASSION

Operation Compassion is a special fund setup during the coronavirus pandemic to provide additional relief for community families and Y staff.

Application details and opportunities to support this program can be found online at ymcabucks.org/OC



SAFETY PROTOCOLS

YMCA of Bucks County is committed to providing a clean, safe environment for our members and staff. Several of our policies and procedures have changed to support a safe environment and to meet Bucks County Department of Health guidelines, please read all of our safety protocols at ymcabucks.org/reopening.

Here's what to expect when you visit the branch:

- Temperature check and brief health assessment questions upon scan-in
- Masks must be worn upon entering and throughout facility usage. Read more.
- Social distancing at all times
- Frequent handwashing and hand sanitizing
- Member cleaning of equipment before and after use is mandatory
- Increased facility disinfection/sanitation

FACILITY APP

Our facility app provides full information on everything you need to know at the branch and includes a new "find a class" feature, electronic access to schedules and links to current member challenges. You can also keep track of your workouts right on the app and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures to communicate to members. Find out more at ymcabucks.org/facility-app



NEWTOWN BRANCH PROGRAMS		Contact Andrea Brown, agbrown@ymcabucks.org or 215.949.3401 x68				Fall 2020		
Health Coaching (4) 30 Minute Sessions	Offering the accountability and direction in achieving your health and wellness goals. A dedicated health coach will offer practical and effective strategies that can be implemented to facilitate lifestyle change and positively impact your health and well being.	12+ yrs					\$99	n/a
InBody Scans		Age	Location	Day	Start Time	End Time	Member Flat Fee	Non-Member Flat Fee
	Members receive a complimentary InBody scan with fitness consultation every 3 months with their YMCA membership. Additional scans may be purchased at \$25 per scan.	12+ yrs	To schedule, contact Andrea Brown at agbrown@ymcabucks.org				Free every three months; additional \$25 each	\$25

Membership

Membership Rates

		Join Fee	Monthly Rate
Youth	Age 0-12	\$0	\$15
Teen	Age 13-18	\$0	\$27
Young Adult	Age 19-27	\$0	\$30
Adult	Age 28-64	\$0	\$51
Two adults household	Two adults age 18+ living in the same household	\$0	\$77
Family 1	One adult and dependents up to age 27 living in the same household	\$0	\$71
Family 2	Two adults and dependents up to age 27 living in the same household	\$0	\$82
Active older adult	Age 65+	\$0	\$36
Two (2) active older adults household	Two Adults, both age 65+ living in the same household	\$0	\$59
Ability Membership	For individuals with special needs to require a caregiver by their side to utilize our facilities	\$0	\$59

Pay no join fee in September!