



**YMCA OF BUCKS COUNTY | Quakertown
Aux Gym Schedule**

Friday, April 19, 2019

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:00 AM	GRIT
10:00 AM	11:00 AM	BodyFlow
12:30 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
6:00 PM	7:00 PM	BodyPump

Saturday, April 20, 2019

7:00 AM	8:00 AM	Badminton
8:00 AM	1:00 PM	Aerbothon
1:30 PM	2:30 PM	Abilities Soccer

Monday, April 22, 2019

6:00 AM	6:45 AM	Kettlebell
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Pilates
10:45 AM	11:30 AM	Fit Camp
11:45 AM	1:15 PM	BODYPUMP
1:30 PM	4:00 PM	Pickleball
4:00 PM	5:00 PM	Child Care
5:30 PM	6:30 PM	BodyCombat
6:30 PM	7:15 PM	LeBARRE
7:30 PM	8:00 PM	GRIT

Tuesday, April 23, 2019

5:30 AM	6:30 AM	Insanity
7:00 AM	9:00 AM	Recreational Pickleball
10:15 AM	11:30 AM	BodyPump
11:45 AM	12:45 PM	Zumba Gold
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:30 PM	6:15 PM	Instructor's Choice
6:30 PM	7:00 PM	GRIT
7:45 PM	10:00 PM	Pickleball

Wednesday, April 24, 2019

5:30 AM	6:30 AM	BodyPump
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Step and Weights
11:00 AM	11:30 AM	GRIT
1:00 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:15 PM	6:30 PM	BodyPump
6:45 PM	7:45 PM	Family BodyFlow

Thursday, April 25, 2019

5:30 AM	6:30 AM	Rise and Grind Fit Camp
7:00 AM	8:30 AM	Recreational Pickleball
9:00 AM	10:00 AM	Pilates
10:00 AM	11:05 AM	BodyPump
11:15 AM	12:15 PM	Body Combat
12:30 PM	2:30 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
5:45 PM	6:15 PM	GRIT
6:30 PM	7:15 PM	Pilates
7:45 PM	10:00 PM	Recreational Pickleball

Friday, April 26, 2019

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:00 AM	GRIT
10:00 AM	11:00 AM	BodyFlow
12:30 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
6:00 PM	7:00 PM	BodyPump

Saturday, April 27, 2019

7:00 AM	8:00 AM	Badminton
8:15 AM	9:15 AM	BodyPump
9:45 AM	10:45 AM	BodyPump
11:00 AM	12:00 PM	Masala Bhangra
1:30 PM	2:30 PM	Abilities Soccer
5:30 PM	8:00 PM	Nipper Party

Sunday, April 28, 2019

8:30 AM	9:30 AM	PiYo
9:30 AM	10:30 AM	Insanity
11:30 AM	12:30 PM	Zumba
1:30 PM	4:00 PM	Titus Party
5:00 PM	8:00 PM	Recreational Pickleball

Monday, April 29, 2019

6:00 AM	6:45 AM	Kettlebell
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Pilates
10:45 AM	11:30 AM	Fit Camp
11:45 AM	1:15 PM	BODYPUMP
1:30 PM	4:00 PM	Pickleball
4:00 PM	5:00 PM	Child Care
5:30 PM	6:30 PM	BodyCombat
6:30 PM	7:15 PM	LeBARRE
7:30 PM	8:00 PM	GRIT

Tuesday, April 30, 2019

5:30 AM	6:30 AM	Insanity
7:00 AM	9:00 AM	Recreational Pickleball
10:15 AM	11:30 AM	BodyPump
11:45 AM	12:45 PM	Zumba Gold
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:30 PM	6:15 PM	Instructor's Choice
6:30 PM	7:00 PM	GRIT
7:45 PM	10:00 PM	Pickleball

Wednesday, May 01, 2019

5:30 AM	6:30 AM	BodyPump
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Step and Weights
11:00 AM	11:30 AM	GRIT
1:00 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:15 PM	6:30 PM	BodyPump
6:45 PM	7:45 PM	Family BodyFlow

Thursday, May 02, 2019

5:30 AM	6:30 AM	Rise and Grind Fit Camp
7:00 AM	8:30 AM	Recreational Pickleball
9:00 AM	10:00 AM	Pilates
10:00 AM	11:05 AM	BodyPump
11:15 AM	12:15 PM	Body Combat
12:30 PM	2:30 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
5:45 PM	6:15 PM	GRIT
6:30 PM	7:15 PM	Pilates
7:45 PM	10:00 PM	Recreational Pickleball

Friday, May 03, 2019

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:00 AM	GRIT
10:00 AM	11:00 AM	BodyFlow
12:30 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
6:00 PM	7:00 PM	BodyPump

Saturday, May 04, 2019

7:00 AM	8:00 AM	Badminton
8:15 AM	9:15 AM	BodyPump
9:45 AM	10:45 AM	BodyPump
11:00 AM	12:00 PM	Masala Bhangra
1:30 PM	2:30 PM	Abilities Soccer

Sunday, May 05, 2019

8:30 AM	9:30 AM	PiYo
9:30 AM	10:30 AM	Insanity
11:30 AM	12:30 PM	Zumba
5:00 PM	8:00 PM	Recreational Pickleball

Non-scheduled times are available for member use.
Schedule is subject to change.