



**YMCA OF BUCKS COUNTY | Quakertown
Aux Gym Schedule**

Thursday, June 06, 2019

5:30 AM 6:30 AM Rise and Grind Fit Camp
 7:00 AM 8:30 AM Recreational Pickleball
 9:00 AM 10:00 AM Pilates
 10:00 AM 11:05 AM BodyPump
 11:15 AM 12:15 PM Body Combat
 12:30 PM 2:30 PM Recreational Pickleball
 3:00 PM 5:30 PM Teen Fusion End of Year Party
 5:45 PM 6:15 PM GRIT
 6:30 PM 7:15 PM Pilates
 7:45 PM 10:00 PM Recreational Pickleball

Friday, June 07, 2019

7:00 AM 9:00 AM Recreational Pickleball
 9:30 AM 10:00 AM GRIT
 10:00 AM 11:00 AM BodyFlow
 12:30 PM 3:00 PM Recreational Pickleball
 3:00 PM 4:00 PM Closed for Cleaning
 4:30 PM 5:30 PM Child Care
 6:00 PM 7:00 PM BodyPump

Saturday, June 08, 2019

7:00 AM 8:00 AM Badminton
 8:15 AM 9:15 AM BodyPump
 9:45 AM 10:45 AM BodyPump
 11:00 AM 12:00 PM Masala Bhangra
 1:30 PM 2:30 PM Abilities Soccer
 3:00 PM 5:30 PM Cooper Party

Sunday, June 09, 2019

8:30 AM 9:30 AM PiYo
 9:30 AM 10:30 AM Insanity
 11:30 AM 12:30 PM Zumba
 12:30 PM 2:30 PM Nerf Club
 3:30 PM 4:30 PM Foster--Swartley Party
 5:00 PM 8:00 PM Recreational Pickleball

Monday, June 10, 2019

6:00 AM 6:45 AM Kettlebell
 8:15 AM 9:00 AM A Step Above
 9:15 AM 10:15 AM Pilates
 10:45 AM 11:30 AM Fit Camp
 11:45 AM 1:15 PM BODYPUMP
 3:00 PM 4:00 PM Closed for Cleaning
 5:30 PM 6:30 PM BodyCombat
 6:30 PM 7:15 PM LeBARRE
 7:30 PM 8:00 PM GRIT

Tuesday, June 11, 2019

5:30 AM 6:30 AM Insanity
 7:00 AM 9:00 AM Recreational Pickleball
 10:15 AM 11:30 AM BodyPump
 11:45 AM 12:45 PM Zumba Gold
 3:00 PM 4:00 PM Closed for Cleaning
 5:30 PM 6:15 PM Instructor's Choice
 6:30 PM 7:00 PM GRIT
 7:45 PM 10:00 PM Pickleball

Wednesday, June 12, 2019

5:30 AM 6:30 AM BodyPump
 8:15 AM 9:00 AM A Step Above
 9:15 AM 10:15 AM Step and Weights
 11:00 AM 11:30 AM GRIT
 1:00 PM 3:00 PM Recreational Pickleball
 3:00 PM 4:00 PM Closed for Cleaning
 5:15 PM 6:30 PM BodyPump
 6:45 PM 7:45 PM Family BodyFlow

Thursday, June 13, 2019

5:30 AM 6:30 AM Rise and Grind Fit Camp
 7:00 AM 8:30 AM Recreational Pickleball
 9:00 AM 10:00 AM Pilates
 10:00 AM 11:05 AM BodyPump
 11:15 AM 12:15 PM Body Combat
 12:30 PM 2:30 PM Recreational Pickleball
 3:00 PM 4:00 PM Closed for Cleaning
 5:45 PM 6:15 PM GRIT
 6:30 PM 7:15 PM Pilates
 7:45 PM 10:00 PM Recreational Pickleball

Friday, June 14, 2019

7:00 AM 9:00 AM Recreational Pickleball
 9:30 AM 10:00 AM GRIT
 10:00 AM 11:00 AM BodyFlow
 12:30 PM 3:00 PM Recreational Pickleball
 3:00 PM 4:00 PM Closed for Cleaning