



**YMCA OF BUCKS COUNTY | Quakertown  
Aux Gym Schedule**

**Friday, March 08, 2019**

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:00 AM	GRIT
10:00 AM	11:00 AM	BodyFlow
12:30 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
6:00 PM	7:00 PM	BodyPump

**Saturday, March 09, 2019**

8:15 AM	9:15 AM	BodyPump
9:45 AM	10:45 AM	BodyPump
11:00 AM	12:00 PM	Masala Bhangra
1:30 PM	2:30 PM	Abilities Soccer
3:00 PM	5:30 PM	Weachter Party

**Sunday, March 10, 2019**

8:30 AM	9:30 AM	PiYo
9:30 AM	10:30 AM	Insanity
11:30 AM	12:30 PM	Zumba
5:00 PM	8:00 PM	Recreational Pickleball

**Monday, March 11, 2019**

6:15 AM	7:00 AM	Kettlebell
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Pilates
10:45 AM	11:30 AM	Fit Camp
11:45 AM	1:15 PM	BODYPUMP
1:30 PM	4:00 PM	Pickleball
4:00 PM	5:00 PM	Child Care
5:30 PM	6:30 PM	BodyCombat
6:30 PM	7:15 PM	LeBARRE
7:30 PM	8:00 PM	GRIT

**Tuesday, March 12, 2019**

5:30 AM	6:30 AM	Insanity
7:00 AM	9:00 AM	Recreational Pickleball
10:15 AM	11:30 AM	BodyPump
11:45 AM	12:45 PM	Zumba Gold
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:30 PM	6:15 PM	Instructor's Choice
6:30 PM	7:00 PM	GRIT
7:45 PM	10:00 PM	Pickleball

**Wednesday, March 13, 2019**

5:30 AM	6:30 AM	BodyPump
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Step and Weights
11:00 AM	11:30 AM	GRIT
12:00 PM	12:45 PM	GRIT
1:00 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:15 PM	6:30 PM	BodyPump
6:45 PM	7:45 PM	Family BodyFlow

**Thursday, March 14, 2019**

5:30 AM	6:30 AM	Rise and Grind Fit Camp
7:00 AM	8:30 AM	Recreational Pickleball
9:00 AM	10:00 AM	Pilates
10:00 AM	11:05 AM	BodyPump
11:15 AM	12:15 PM	Body Combat
12:30 PM	2:30 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
5:45 PM	6:15 PM	GRIT
6:30 PM	7:30 PM	Kickboxing
7:45 PM	10:00 PM	Recreational Pickleball

**Friday, March 15, 2019**

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:00 AM	GRIT
10:00 AM	11:00 AM	BodyFlow
12:30 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
6:00 PM	7:00 PM	BodyPump

**Saturday, March 16, 2019**

8:15 AM	9:15 AM	BodyPump
9:45 AM	10:45 AM	BodyPump
11:00 AM	12:00 PM	Masala Bhangra
1:30 PM	2:30 PM	Abilities Soccer
3:00 PM	5:30 PM	Reilly Party

**Sunday, March 17, 2019**

8:30 AM	9:30 AM	PiYo
9:30 AM	10:30 AM	Insanity
11:30 AM	12:30 PM	Zumba
12:30 PM	2:30 PM	Nerf Club
5:00 PM	8:00 PM	Recreational Pickleball

**Monday, March 18, 2019**

6:15 AM	7:00 AM	Kettlebell
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Pilates
10:45 AM	11:30 AM	Fit Camp
11:45 AM	1:15 PM	BODYPUMP
1:30 PM	4:00 PM	Pickleball
4:00 PM	5:00 PM	Child Care
5:30 PM	6:30 PM	BodyCombat
6:30 PM	7:15 PM	LeBARRE
7:30 PM	8:00 PM	GRIT

**Tuesday, March 19, 2019**

5:30 AM	6:30 AM	Insanity
7:00 AM	9:00 AM	Recreational Pickleball
10:15 AM	11:30 AM	BodyPump
11:45 AM	12:45 PM	Zumba Gold
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:30 PM	6:15 PM	Instructor's Choice
6:30 PM	7:00 PM	GRIT
7:45 PM	10:00 PM	Pickleball

**Wednesday, March 20, 2019**

5:30 AM	6:30 AM	BodyPump
8:15 AM	9:00 AM	A Step Above
9:15 AM	10:15 AM	Step and Weights
11:00 AM	11:30 AM	GRIT
12:00 PM	12:45 PM	GRIT
1:00 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:00 PM	5:00 PM	Child Care
5:15 PM	6:30 PM	BodyPump
6:45 PM	7:45 PM	Family BodyFlow

**Thursday, March 21, 2019**

5:30 AM	6:30 AM	Rise and Grind Fit Camp
7:00 AM	8:30 AM	Recreational Pickleball
9:00 AM	10:00 AM	Pilates
10:00 AM	11:05 AM	BodyPump
11:15 AM	12:15 PM	Body Combat
12:30 PM	2:30 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
5:45 PM	6:15 PM	GRIT
6:30 PM	7:30 PM	Kickboxing
7:45 PM	10:00 PM	Recreational Pickleball

**Friday, March 22, 2019**

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:00 AM	GRIT
10:00 AM	11:00 AM	BodyFlow
12:30 PM	3:00 PM	Recreational Pickleball
3:00 PM	4:00 PM	Closed for Cleaning
4:30 PM	5:30 PM	Child Care
6:00 PM	7:00 PM	BodyPump

**Saturday, March 23, 2019**

8:15 AM	9:15 AM	BodyPump
9:45 AM	10:45 AM	BodyPump
11:00 AM	12:00 PM	Masala Bhangra
1:30 PM	2:30 PM	Abilities Soccer
3:00 PM	5:30 PM	Torgeson Party

**Sunday, March 24, 2019**

8:30 AM	9:30 AM	PiYo
9:30 AM	10:30 AM	Insanity
11:30 AM	12:30 PM	Zumba
3:00 PM	5:30 PM	Walter Party