



# YMCA OF BUCKS COUNTY | Quakertown

## March 8-24

### Gym Schedule

#### Friday, March 08, 2019

7:30 AM	8:15 AM	BodyPump Express
8:30 AM	9:45 AM	Instructor's Choice
10:30 AM	11:15 AM	Chair Yoga
11:30 AM	12:30 PM	SilverSneakers Circuit
2:30 PM	3:15 PM	Sports Sampler
3:00 PM	5:00 PM	Teen Fusion
5:15 PM	6:00 PM	Flag Football
6:00 PM	7:30 PM	Dodgeball
7:30 PM	10:30 PM	Volleyball Rental

#### Saturday, March 09, 2019

9:00 AM	10:00 AM	Soccer
10:00 AM	12:30 PM	Floor Hockey
4:00 PM	5:00 PM	Wood Football Practice
5:00 PM	8:00 PM	Volleyball Rental

#### Sunday, March 10, 2019

9:00 AM	12:00 PM	Volleyball Rental
12:30 PM	2:30 PM	Nerf Club
4:00 PM	5:00 PM	SLS Rental
6:00 PM	7:00 PM	QSC Rental

#### Monday, March 11, 2019

7:30 AM	8:00 AM	Child Care Gym Time
8:30 AM	9:00 AM	GRIT
9:30 AM	10:30 AM	Sports Sampler
10:30 AM	11:30 AM	SilverSneakers
11:45 AM	12:45 PM	SilverSneakers
3:00 PM	5:00 PM	Teen Fusion
5:30 PM	6:15 PM	Tee Ball Class
6:15 PM	7:15 PM	SAQ Class
7:30 PM	8:15 PM	Baseball Clinic
8:30 PM	10:00 PM	Pick Up Volleyball

#### Tuesday, March 12, 2019

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:30 AM	BodyCombat
10:30 AM	11:30 AM	ChildCare
3:00 PM	5:00 PM	Teen Fusion
5:30 PM	6:15 PM	Zumba
6:45 PM	7:45 PM	Abilities Basketball
8:00 PM	10:00 PM	Pick-Up Basketball

#### Wednesday, March 13, 2019

7:30 AM	8:00 AM	Child Care Gym Time
9:30 AM	10:15 AM	Flag Football
10:30 AM	11:30 AM	SilverSneakers Classic
11:45 AM	12:45 PM	SilverSneakers Classic
2:15 PM	3:00 PM	ChildCare Gym Class
3:00 PM	5:00 PM	Teen Fusion
5:15 PM	6:00 PM	Basketball Class
6:15 PM	7:15 PM	Intramural Basketball
7:15 PM	8:00 PM	Indoor Track Club
8:30 PM	10:00 PM	PickUp Basketball

#### Thursday, March 14, 2019

7:00 AM	8:45 AM	Recreational Pickleball
9:30 AM	10:30 AM	Sports Sampler
3:00 PM	5:00 PM	Teen Fusion
5:30 PM	6:30 PM	Basketball Class
6:45 PM	7:45 PM	PA Basketball Shooting Academy
8:00 PM	10:00 PM	Adult Pickup Basketball

#### Friday, March 15, 2019

7:30 AM	8:15 AM	BodyPump Express
8:30 AM	9:45 AM	Instructor's Choice
10:30 AM	11:15 AM	Chair Yoga
11:30 AM	12:30 PM	SilverSneakers Circuit
2:30 PM	3:15 PM	Sports Sampler
3:00 PM	5:00 PM	Teen Fusion
5:15 PM	6:00 PM	Flag Football
6:00 PM	7:30 PM	Dodgeball
7:30 PM	10:30 PM	Volleyball Rental

#### Saturday, March 16, 2019

9:00 AM	10:00 AM	Soccer
10:00 AM	12:30 PM	Floor Hockey
5:00 PM	8:00 PM	Volleyball Rental

#### Sunday, March 17, 2019

7:00 AM	1:00 PM	Color Guard Practice
3:30 PM	4:30 PM	Wellener Party
6:00 PM	7:00 PM	QSC Rental

#### Monday, March 18, 2019

7:30 AM	8:00 AM	Child Care Gym Time
8:30 AM	9:00 AM	GRIT
9:30 AM	10:30 AM	Sports Sampler
10:30 AM	11:30 AM	SilverSneakers
11:45 AM	12:45 PM	SilverSneakers
3:00 PM	5:00 PM	Teen Fusion
5:30 PM	6:15 PM	Tee Ball Class
6:15 PM	7:15 PM	SAQ Class
7:30 PM	8:15 PM	Baseball Clinic
8:30 PM	10:00 PM	Pick Up Volleyball

#### Tuesday, March 19, 2019

7:00 AM	9:00 AM	Recreational Pickleball
9:30 AM	10:30 AM	BodyCombat
10:30 AM	11:30 AM	ChildCare
3:00 PM	5:00 PM	Teen Fusion
5:30 PM	6:15 PM	Zumba
6:45 PM	7:45 PM	Abilities Basketball
8:00 PM	10:00 PM	Pick-Up Basketball

#### Wednesday, March 20, 2019

7:30 AM	8:00 AM	Child Care Gym Time
9:30 AM	10:15 AM	Flag Football
10:30 AM	11:30 AM	SilverSneakers Classic
11:45 AM	12:45 PM	SilverSneakers Classic
2:15 PM	3:00 PM	ChildCare Gym Class
3:00 PM	5:00 PM	Teen Fusion
5:15 PM	6:00 PM	Basketball Class
6:15 PM	7:15 PM	Intramural Basketball
7:15 PM	8:00 PM	Indoor Track Club
8:30 PM	10:00 PM	PickUp Basketball

#### Thursday, March 21, 2019

7:00 AM	8:45 AM	Recreational Pickleball
9:30 AM	10:30 AM	Sports Sampler
3:00 PM	5:00 PM	Teen Fusion
5:30 PM	6:30 PM	Basketball Class
6:45 PM	7:45 PM	PA Basketball Shooting Academy
8:00 PM	10:00 PM	Adult Pickup Basketball

#### Friday, March 22, 2019

7:30 AM	8:15 AM	BodyPump Express
8:30 AM	9:45 AM	Instructor's Choice
10:30 AM	11:15 AM	Chair Yoga
11:30 AM	12:30 PM	SilverSneakers Circuit
2:30 PM	3:15 PM	Sports Sampler
3:00 PM	5:00 PM	Teen Fusion
5:15 PM	6:00 PM	Flag Football
6:00 PM	7:30 PM	Dodgeball
7:30 PM	10:30 PM	Volleyball Rental

#### Saturday, March 23, 2019

9:00 AM	10:00 AM	Soccer
10:00 AM	12:30 PM	Floor Hockey
1:00 PM	2:00 PM	Vallalla Party
5:00 PM	8:00 PM	Volleyball Rental

#### Sunday, March 24, 2019

9:00 AM	12:00 PM	Volleyball Rental
12:30 PM	2:30 PM	Nerf Club
3:30 PM	4:30 PM	Walter Party
6:00 PM	7:00 PM	QSC Rental

Non-scheduled times are available for member use.

Schedule is subject to change.