YMCA OF BUCKS COUNTY | Quakertown

GYM SCHEDULE

December 1 to January 31

"We're here for you."

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30 AM-10:45 AM Pickleball	5:00- 8:45 AM Recreation Pickleball | Front/Back	7:30- 9:00 AM Recreation Pickleball | Front/Back	5:00 AM- 12:00 PM Recreation Pickleball | Front/Back	5:00- 8:45 AM Recreation Pickleball | Front/Back	7:00-10:15 AM Adult Basketball | Front/Back	9:00 AM-12:00 PM Volleyball Rental | Front/Back
11:00-11:45 AM Silver Sneakers Circuit | Gymnasium	9:30 AM-1:00 PM Preschool Sports l Gymnasium	9:30 AM-11:00 AM Preschool Sports l Gymnasium	12:00-12:30 PM Y Play | Front	9:00 AM-10:45 AM Open Gym	10:30 AM -12:45 PM Floor Hockey Class | Gymnasium	12:00-5:00 PM Adult Basketball *subject to change, please check with Welcome Center on availability
12:00-4:45 PM Open Gym | Front/Back	1:00 PM-4:45 PM Open Gym | Front/Back	11:00-11:45 AM Stretch and Balance | Gymnasium	12:30 PM-2:00 PM Recreation Pickleball | Front/Back	11:00-11:45 AM Silver Sneakers Circuit | Gymnasium	1:00-5:00 PM Adult Basketball | Front/Back	
4:45-5:45 PM Obstacle Ninja Training *starts in January | Gymnasium	5:00-7:15 PM Junior Sixers | Gymnasium	12:00 -2:00 PM Recreation Pickleball | Front/Back	2:00 PM-5:00 PM Open Gym | Front/Back	12:00 -2:00 PM Recreation Pickleball | Front/Back		
6:00-6:45 PM Soccer Class | Gymnasium	7:30-9:00 PM Adult Basketball | Front/Back	2:00 PM-4:45 PM Open Gym | Front/Back	5:30-7:45 PM Youth Programming | Gymnasium	2:00 -5:00 PM Open Gym | Front/Back		
7:00-7:45 PM S.A. Q. Class | Gymnasium		5:00-7:15 PM Junior Sixers | Gymnasium	8:00-9:00 PM Adult Basketball | Front/Back	5:00-7:00 PM Flag Football/Dodgeball Class | Gymnasium		
8:00-9:00 PM Adult Basketball | Front/Back		7:30-9:00 PM Adult Basketball | Front/Back		7:00-9:00 PM Volleyball Rental | Front/Back		

11/23/2021