LAP POOL WINTER SESSION SCHEDULE: 1/03/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM- 6:30 AM **LAP SWIM** (ALL LANES)	5:00 AM - 6:30 AM **LAP SWIM** (ALL LANES)	5:00 AM - 6:30 AM **LAP SWIM** (ALL LANES)	5:00 AM- 6:30 AM **LAP SWIM** (ALL LANES)	5:00 AM - 6:30 AM **LAP SWIM** (ALL LANES)	7:00 AM - 9:00 AM **LAP SWIM** (ALL LANES)	7:00 AM- 9:00 AM **LAP SWIM** (ALL LANES)
6:30 AM– 9:00 AM **LAP SWIM** (4 WIDE LANES)	6:30 AM - 9:00 AM **LAP SWIM** (4 WIDE LANES)	6:30 AM– 9:00 AM **LAP SWIM** (4 WIDE LANES)	6:30 AM – 9:00 AM **LAP SWIM** (4 WIDE LANES)	6:30 AM- 9:00 AM **LAP SWIM** (4 WIDE LANES)	9:00 AM -1:00 PM **LAP SWIM** (L 3- 4- 5)	9:00 AM -1:00 PM **LAP SWIM** (L 2- 3- 4)
9:00 AM– 11:00 AM **LAP SWIM** (L 3)	9:00 AM – 10:00 AM **LAP SWIM** (L 1- 2)	9:00 AM– 10:00 AM **LAP SWIM** (L 3)	9:00 AM- 10:00AM **LAP SWIM** (L 1- 2)	9:00 AM – 10:00 AM **MASTER SWIM** (L 1- 2)	9:00 AM - 1:00 PM PRIVATE SWIM LESSONS (L 2)	**9:00 PM – 2:00 PM** **LIFEGUARD TRAINING** **(L 5- 6)**
9:00 AM – 11:00 AM **MASTER SWIM** (L 1- 2)	9:00 AM – 10:00 AM **AQUA TABATA** (L 3- 4- 5- 6)	9:00 AM – 10:30 AM **MASTER SWIM** (L 1- 2)	9:00 AM – 10:00 AM **AQUA DANCE** (L 3- 4- 5- 6)	9:00 AM– 10:00 AM **AQUA TABATA** (L 3- 4- 5- 6)	9:00 AM- 1:00 PM GROUP SWIM LESSONS (L 1)	9:00 AM - 2:00 PM PRIVATE SWIM LESSONS (L 1)
9:00 AM– 10:00 AM **AQUA AEROBICS** (L 4- 5- 6)		9:00 AM- 10:00 AM **AQUA BALANCE** (L 4- 5- 6)	10:00 AM- 11:00AM **LAP SWIM** (L 1- 2- 3)	10:00 AM - 4:00 PM **LAP SWIM** (ALL LANES)	9:00 AM- 1:00 PM ABILITY PRIVATE SWIM (L 6)	1:00 PM -2:00 PM **LAP SWIM** (L 2- 3)
10:00 AM– 11:00 AM **DEEP WATER CARDIO** (L 4- 5- 6)	10:00 AM – 4:00 PM **LAP SWIM** (ALL LANES)	10:00 AM– 10:30 AM **LAP SWIM** (L 3- 4- 5- 6)	10:00 AM- 11:00 AM **DEEP WATER CARDIO** (L 4- 5- 6)	4:00 PM - 6:00 PM SWIM TEAM (L 1- 2- 3- 4)	1:00 PM - 2:00 PM **LAP SWIM** (L 1- 2- 3- 4)	1:00 PM- 2:00 PM ABILITY PRIVATE SWIM (L 4)
11:00 AM – 4:00 PM **LAP SWIM** (ALL LANES)		10:30 AM– 4:00 PM **LAP SWIM** (ALL LANES)	11:00 AM - 4:00PM **LAP SWIM** (ALL LANES)	**4:00 PM – 6:00 PM** **LIFEGUARD TRAINING** **(L 5- 6)**		2:00 PM -4:00 PM **LAP SWIM** (ALL LANES)
4:00 PM – 6:00 PM **SWIM TEAM** (L 1- 2- 3- 4- 5)	4:00 PM – 6:30 PM **SWIM TEAM** (L 1- 2- 3- 4- 5)	4:00 PM – 5:45 PM **SWIM TEAM** (L 1- 2- 3- 4- 5)	4:00 PM - 6:00 PM SWIM TEAM (L 1- 2- 3- 4- 5)		**1:00 PM – 2:00 PM** **LIFEGUARD TRAINING** **(L 5- 6)**	4:00 PM - 8:00 PM SWIM TEAM (ALL LANES)
4:00 PM -5:00 PM **LAP SWIM** (L 6)	4:00 PM -5:00 PM **LAP SWIM** (L 6)	5:45 PM – 6:30 PM **SWIM TEAM** (L 1- 2- 3)	4:00 PM- 6:00 PM **LAP SWIM** (L 6)	6:00 PM - 8:15PM SWIM TEAM (ALL LANES)	**LAP POOL IS CLOSED** **AFTER 2:00 PM**	
5:00 PM -6:00 PM **GROUPSWIM LESSONS** (L 6)	5:00 PM -6:00 PM **GROUPSWIM LESSONS** (L 6)	5:45 PM – 6:30 PM **LAP SWIM** (L 4- 5)	6:00 PM- 8:00 PM SWIM TEAM (ALL LANES)	8:15 PM - 8:45 PM **LAP SWIM** (ALL LANES)		
6:00 PM- 7:00 PM **PRIVATE SWIM LESSON** (L 6)	6:00 PM- 6:30 PM **PRIVATE SWIM LESSON** (L 6)	4:00 PM -7:00 PM **GROUPSWIM LESSONS** (L 6)		**IMPORTANT NOTE:**		
6:00 PM-7:00 PM **LAP SWIM** (L 2- 3- 4- 5- 6)	6:30 PM – 8:00 PM SWIM TEAM (ALL LANES)	6:30 PM – 7:00 PM **LAP SWIM** (L 1- 2- 3- 4- 5)		**While we try to adhere to this schedule, it may change due to unexpected conditions.**		
7:00 PM-8:00 PM **LAP SWIM** (ALL LANES)	8:00 PM - 9:00 PM **LAP SWIM** (ALL LANES)	7:00 PM - 9:00 PM **LAP SWIM** (ALL LANES)	8:00 PM - 9:00 PM **MASTER SWIM** (ALL LANES)			
8:00 PM- 9:00 PM **MASTER SWIM** (ALL LANES)				**Pool schedule available online at:** ymcabucks.org		**L= LANE**
				Group, private swim lessons, adaptive swim lessons, swim team represent paid programming space.		1/3/2022