

LAP POOL SPRING SESSION SCHEDULE: 5/01/2022- 6/12/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM- 6:30 AM LAP SWIM (ALL LANES)	5:00 AM - 6:30 AM LAP SWIM (ALL LANES)	5:00 AM - 6:30 AM LAP SWIM (ALL LANES)	5:00 AM- 6:30 AM LAP SWIM (ALL LANES)	5:00 AM - 6:30 AM LAP SWIM (ALL LANES)	7:00 AM - 9:00 AM LAP SWIM (ALL LANES)	7:00 AM- 9:00 AM LAP SWIM (ALL LANES)	
6:30 AM- 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM - 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM- 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM - 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM- 9:00 AM LAP SWIM (4 WIDE LANES)	9:00 AM -1:00 PM LAP SWIM (L 3- 4- 5)	9:00 AM -1:00 PM LAP SWIM (L 2- 3- 4)	
9:00 AM - 11:00 AM MASTER SWIM (L 1- 2)	9:00 AM - 10:00 AM LAP SWIM (L 1- 2)	9:00 AM - 11:00 AM MASTER SWIM (L 1- 2)	9:00 AM- 10:00AM LAP SWIM (L 1- 2)	9:00 AM - 10:00 AM MASTER SWIM (L 1- 2)	9:00 AM - 1:00 PM PRIVATE SWIM LESSONS (L 2)	9:00 PM - 2:00 PM LIFEGUARD TRAINING (L 5- 6)	
9:00 AM- 10:00 AM AQUA AEROBICS (L 3- 4- 5- 6)	9:00 AM - 10:00 AM AQUA INTERVAL (L 3- 4- 5- 6)	9:00 AM- 10:00 AM AQUA BALANCE (L 3- 4- 5- 6)	9:00 AM - 10:00 AM AQUA DANCE (L 3- 4- 5- 6)	9:00 AM- 10:00 AM AQUA TABATA (L 3- 4- 5- 6)	9:00 AM- 1:00 PM GROUP SWIM LESSONS (L 1)	9:00 AM - 2:00 PM PRIVATE SWIM LESSONS (L 1)	
10:00 AM- 11:00AM LAP SWIM (L 3)	10:00 AM- 11:00AM LAP SWIM (L 3)	10:00 AM- 11:00AM LAP SWIM (L 3)	10:00 AM- 11:00AM LAP SWIM (L 1- 2)	10:00 AM - 4:00 PM LAP SWIM (ALL LANES)	9:00 AM- 1:00 PM ABILITY PRIVATE SWIM (L 6)	1:00 PM -2:00 PM LAP SWIM (L 2- 3)	
10:00 AM- 11:00 AM AQUA AEROBICS (L 4- 5- 6)	10:00 AM- 11:00 AM AQUA AEROBICS (L 4- 5- 6)	10:00 AM- 11:00 AM DEEP WATER CARDIO (L 4- 5- 6)	10:00 AM- 11:00 AM DEEP WATER CARDIO (L 3- 4- 5- 6)	4:00 PM - 6:00 PM SWIM TEAM (L 1- 2- 3- 4)	1:00 PM - 2:00 PM LAP SWIM (L 1- 2- 3- 4)	1:00 PM- 2:00 PM ABILITY PRIVATE SWIM (L 4)	
11:00 AM - 4:00 PM LAP SWIM (ALL LANES)	11:00 AM- 4:00 PM LAP SWIM (ALL LANES)	11:00 AM- 4:00 PM LAP SWIM (ALL LANES)	11:00 AM - 4:00PM LAP SWIM (ALL LANES)	4:00 PM - 6:00 PM LIFEGUARD TRAINING (L 5- 6)		2:00 PM -4:00 PM LAP SWIM (ALL LANES)	
4:00 PM - 6:00 PM SWIM TEAM (L 1- 2- 3- 4- 5)	4:00 PM - 6:30 PM SWIM TEAM (L 1- 2- 3- 4- 5)	4:00 PM - 5:45 PM SWIM TEAM (L 1- 2- 3- 4- 5)	4:00 PM - 6:00 PM SWIM TEAM (L 1- 2- 3- 4- 5)		1:00 PM - 2:00 PM LIFEGUARD TRAINING (L 5- 6)	4:00 PM - 8:00 PM SWIM TEAM (ALL LANES)	
4:00 PM -5:00 PM LAP SWIM (L 6)	4:00 PM -5:00 PM LAP SWIM (L 6)	5:45 PM - 6:30 PM SWIM TEAM (L 1- 2- 3)	4:00 PM- 6:00 PM LAP SWIM (L 6)	6:00 PM - 8:15PM SWIM TEAM (ALL LANES)	LAP POOL IS CLOSED AFTER 2:00 PM		
5:00 PM -6:00 PM GROUPSWIM LESSONS (L 6)	5:00 PM -6:00 PM GROUPSWIM LESSONS (L 6)	5:45 PM - 6:30 PM LAP SWIM (L 4- 5)	6:00 PM- 8:00 PM SWIM TEAM (ALL LANES)	8:15 PM - 8:45 PM LAP SWIM (ALL LANES)			
6:00 PM- 7:00 PM PRIVATE SWIM LESSON (L 6)	6:00 PM- 6:30 PM PRIVATE SWIM LESSON (L 6)	4:00 PM -7:00 PM GROUPSWIM LESSONS (L 6)		IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected conditions. Pool schedule available online at: ymcabucks.org L= LANE Group, private swim lessons, adaptive swim lessons, swim team represent paid programming space.			
6:00 PM-7:00 PM LAP SWIM (L 2- 3- 4- 5- 6)	6:30 PM - 8:00 PM SWIM TEAM (ALL LANES)	6:30 PM - 7:00 PM LAP SWIM (L 1- 2- 3- 4- 5)					
7:00 PM-8:00 PM LAP SWIM (ALL LANES)	8:00 PM - 9:00 PM LAP SWIM (ALL LANES)	7:00 PM - 9:00 PM LAP SWIM (ALL LANES)	8:00 PM - 9:00 PM MASTER SWIM (ALL LANES)				
8:00 PM- 9:00 PM MASTER SWIM (ALL LANES)							