

LAP POOL SUMMER SESSION SCHEDULE: 6/13/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM- 6:30 AM LAP SWIM (ALL LANES)	5:00 AM - 6:30 AM LAP SWIM (ALL LANES)	5:00 AM- 6:30 AM LAP SWIM (ALL LANES)	5:00 AM - 6:30 AM LAP SWIM (ALL LANES)	5:00 AM - 6:30 AM LAP SWIM (ALL LANES)	7:00 AM - 9:00 AM LAP SWIM (ALL LANES)	7:00 AM- 9:00 AM LAP SWIM (ALL LANES)
6:30 AM- 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM - 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM - 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM - 9:00 AM LAP SWIM (4 WIDE LANES)	6:30 AM - 9:00 AM LAP SWIM (4 WIDE LANES)	9:00 AM -1:00 PM LAP SWIM (L 3- 4)	9:00 AM -2:00 PM LAP SWIM (L 3- 4- 5)
9:00 AM – 10:30 AM LAP SWIM (L 1)	9:00 AM – 10:30 AM LAP SWIM (L 1-2)	9:00 AM – 10:30 AM LAP SWIM (L 1)	9:00 AM – 10:30 AM LAP SWIM (L 1-2)	9:00 AM – 10:30 AM LAP SWIM (L 1)	9:00 AM - 1:00 PM PRIVATE SWIM LESSONS (L 2)	9:00 AM - 2:00 PM PRIVATE SWIM LESSONS (L 1- 2)
9:00 AM – 10:30 AM MASTER SWIM (L 2)	9:00 AM – 10:00 AM AQUA INTERVAL (L 3- 4- 5- 6)	9:00 AM – 10:30 AM MASTER SWIM (L 2)	9:00 AM – 10:00 AM AQUA DANCE (L 3- 4- 5- 6)	9:00 AM – 10:30 AM MASTER SWIM (L 2)	9:00 AM-1:00 PM GROUP SWIM LESSONS (L 1)	
9:00 AM- 10:00 AM AQUA AEROBICS (L 3- 4- 5- 6)	10:00 AM- 11:00 AM AQUA AEROBICS (L 4- 5- 6)	9:00 AM- 10:00 AM AQUA BALANCE (L 3- 4- 5- 6)	10:00 AM- 11:00 AM DEEP WATER CARDIO (L 3- 4- 5- 6)	9:00 AM – 10:00 AM AQUA TABATA (L 3- 4- 5- 6)	9:00 AM – 5:45 PM LIFEGUARD TRAINING (L 5- 6)	1:00 PM- 2:00 PM ABILITY PRIVATE SWIM (L 6)
10:00 AM- 11:00 AM AQUA AEROBICS (L 4- 5- 6)	10:30 AM- 11:00 AM LAP SWIM (L 3)	10:00 AM- 11:00 AM DEEP WATER CARDIO (L 4- 5- 6)	10:30 AM- 11:00 AM LAP SWIM (L 3)	10:00 AM- 11:00 AM LAP SWIM (L 1- 3- 4- 5- 6)		
10:30 AM- 11:00 AM LAP SWIM (L 3)	10:30 AM- 11:30 AM AQUA BUCKS/ CAMP (L 1-2)	10:30 AM- 11:00 AM LAP SWIM (L 3)	10:30 AM- 11:30 AM AQUA BUCKS/ CAMP (L 1- 2)	10:30 AM- 11:00 AM LAP SWIM (L 3- 4- 5- 6)		2:00 PM -4:00 PM LAP SWIM (ALL LANES)
11:00 AM – 11:30 AM LAP SWIM (L 3- 4- 5- 6)	11:00 AM – 11:30 AM LAP SWIM (L 3- 4- 5- 6)	11:00 AM – 11:30 AM LAP SWIM (L 3- 4- 5- 6)	11:00 AM – 11:30 AM LAP SWIM (L 3- 4- 5- 6)	10:30 AM- 11:30 AM AQUA BUCKS/ CAMP (L 1- 2)	1:00 PM - 5:45 PM LAP SWIM (L 1-2- 3- 4)	4:00 PM - 6:00 PM SWIM TEAM (ALL LANES)
10:30 AM- 11:30 AM AQUA BUCKS/ CAMP (L 1- 2)	11:30 AM – 12:30 PM LAP SWIM (ALL LANES)	10:30 AM- 11:30 AM AQUA BUCKS/ CAMP (L 1- 2)	11:30 AM – 12:30 PM LAP SWIM (ALL LANES)	11:00 AM – 11:30 AM LAP SWIM (L 3- 4- 5- 6)		
11:30 AM – 12:30 PM LAP SWIM (ALL LANES)	12:30 PM – 3:00 PM ONLY CAMP (ALL LANES)	11:30 AM – 12:30 PM LAP SWIM (ALL LANES)	12:30 PM – 3:00 PM ONLY CAMP (ALL LANES)	11:30 AM – 12:30 PM LAP SWIM (ALL LANES)		
12:30 PM – 1:30 PM LAP SWIM (L 1-2)	3:00 PM- 4:00 PM LAP SWIM (ALL LANES)	12:30 PM – 1:30 PM LAP SWIM (L 1-2)	3:00 PM- 4:00 PM LAP SWIM (ALL LANES)	12:30 PM – 1:30 PM LAP SWIM (L 1-2)	IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected conditions. Pool schedule available online at: https://www.ymcabucks.org/schedules Group, private swim lessons, adaptive swim lessons, swim team represent paid programming space.	
12:30 PM – 1:30 PM CAMP (L 3- 4- 5- 6)		12:30 PM – 1:30 PM CAMP (L 3- 4- 5- 6)		12:30 PM – 3:00 PM ONLY CAMP (ALL LANES)		
1:30 PM – 3:00 PM ONLY CAMP (ALL LANES)	4:00 PM -5:00 PM LAP SWIM (L 5- 6)	1:30 PM – 3:00 PM ONLY CAMP (ALL LANES)	4:00 PM – 8:00 PM SWIM TEAM (L 1- 2- 3- 4)	1:30 PM – 3:00 PM ONLY CAMP (ALL LANES)		
3:00 PM -4:00 PM LAP SWIM (ALL LANES)	4:00 PM – 8:00 PM SWIM TEAM (L 1- 2- 3- 4)	3:00 PM -4:00 PM LAP SWIM (ALL LANES)	4:00 PM – 8:00 PM LIFEGUARD TRAINING (L 5- 6)	3:00 PM -4:00 PM LAP SWIM (ALL LANES)		
4:00 PM – 6:00 PM SWIM TEAM (L 1- 2- 3- 4- 5)	5:00 PM -7:00 PM LAP SWIM (L 5)	4:00 PM -5:00 PM LAP SWIM (L 5- 6)		4:00 PM -5:00 PM LAP SWIM (L 1- 2- 3- 4)		
4:00 PM -5:00 PM LAP SWIM (L 6)	5:00 PM- 7:00 PM PRIVATE SWIM LESSON (L 6)	4:00 PM – 6:00 PM SWIM TEAM (L 1- 2- 3- 4)		4:00 PM – 9:00 PM LIFEGUARD TRAINING (L 5- 6)		
5:00 PM -7:00 PM GROUPSWIM LESSONS (L 6)	7:00 PM -8:00 PM LAP SWIM (L 5- 6)	5:00 PM -7:00 PM GROUPSWIM LESSONS (L 5- 6)		5:00 PM -7:00 PM LAP SWIM (L 2- 3- 4)		
6:00 PM-7:00 PM LAP SWIM (L 1- 2- 3- 4- 5)	8:00 PM - 9:00 PM	6:00 PM -7:00 PM LAP SWIM (L 4)	8:00 PM- 9:00 PM MASTER SWIM (ALL LANES)	5:00 PM -7:00 PM GROUPSWIM LESSONS (L 1)	L- LANE	
7:00 PM-8:00 PM LAP SWIM (ALL LANES)	LAP SWIM (ALL LANES)	6:00 PM – 7:00 PM SWIM TEAM (L 1- 2- 3)				
		7:00 PM-8:00 PM LAP SWIM (ALL LANES)				
8:00 PM- 9:00 PM MASTER SWIM (ALL LANES)		8:00 PM- 9:00 PM MASTER SWIM (ALL LANES)		7:00 PM - 9:00 PM LAP SWIM (L 1- 2- 3- 4)		
						6/13/22
LAP SWIM	MASTER SWIM	SWIM TEAM	GROUP SWIM LESSONS	PRIVATE SWIM LESSONS	LIFEGURSD TRAINING	CAMP