

# FAIRLESS HILLS POOL SCHEDULE

# SEPTEMBER - OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 8:55 AM <b>LAP SWIM</b> (L 1-4)	5:00 AM - 7:55 AM <b>LAP SWIM</b> (L 1-4)	5:00 AM - 8:55 AM <b>LAP SWIM</b> (L 1-4)	5:00 AM - 7:55 AM <b>LAP SWIM</b> (L 1-4)	5:00 AM - 8:55 AM <b>LAP SWIM</b> (L 1-4)	7:00 AM - 7:55 AM <b>LAP SWIM</b> (L 1-4)	7:00 AM - 9:00 AM <b>LAP SWIM</b> (L 1-4)
5:00 AM - 8:55 AM <b>AQUA JOGGING</b> (L 5-6)	5:00 AM - 7:55 AM <b>AQUA JOGGING</b> (L 5-6)	5:00 AM - 8:55 AM <b>AQUA JOGGING</b> (L 5-6)	5:00 AM - 7:55 AM <b>AQUA JOGGING</b> (L 5-6)	5:00 AM - 8:55 AM <b>AQUA JOGGING</b> (L 5-6)	7:00 AM - 7:55 AM <b>AQUA JOGGING</b> (L 5-6)	7:00 AM-9:00 AM <b>AQUA JOGGING</b> (L 5-6)
9:00 AM-9:45 AM <b>AQUA AEROBICS</b> (L 3-6)	8:00 AM - 8:45 AM <b>AQUA AEROBICS</b> (L 3-6)	9:00 AM-9:45 AM <b>AQUA AEROBICS</b> (L 3-6)	8:00 AM - 8:45 AM <b>AQUA AEROBICS</b> (L 3-6)	9:00 AM - 9:45 AM <b>AQUA AEROBICS</b> (L 3-6)	8:00 AM - 8:45 AM <b>AQUA ZUMBA</b> (L 3-6)	9:00 AM - 12:00 PM <b>PRIVATE SWIM LESSONS</b> (L 5-6)
9:00 AM-10:00 AM <b>LAP SWIM</b> (L 1-2)	9:00 AM-9:45 AM <b>AQUA INTERVAL</b> (L 3-6)	9:00 AM-10:00 AM <b>LAP SWIM</b> (L 1-2)	9:00 AM-9:45 AM <b>AQUA INTERVAL</b> (L 3-6)	9:00 AM-10:00 AM <b>LAP SWIM</b> (L 1-2)	8:00 AM-12:00 PM <b>LAP SWIM</b> (L 1-2)	9:00 AM - 2:30 PM <b>LIFEGUARD TRAINING</b> (L 1-2)
10:00 AM - 4:00 PM <b>GROUP/PRIVATE LESSONS</b> (L 5-6)	8:00 AM - 10:00 AM <b>LAP SWIM</b> (L 1-2)	10:00 AM - 4:00 PM <b>GROUP/PRIVATE LESSONS</b> (L 5-6)	8:00 AM - 10:00 AM <b>LAP SWIM</b> (L 1-2)	10:00 AM - 4:00 PM <b>GROUP/PRIVATE LESSONS</b> (L 5-6)	9:00 AM-12:00 PM <b>GROUP/PRIVATE LESSONS</b> (L 3-6)	9:00 AM - 12:00 PM <b>LAP SWIM</b> (L 3-4)
10:00 AM - 3:45 PM <b>OPEN SWIM</b> (L 1-4)	10:00 AM - 11:30 AM <b>PRIVATE SWIM LESSONS</b> (L 6)	10:00 AM - 3:45 PM <b>OPEN SWIM</b> (L 1-4)	10:00 AM - 4:00 PM <b>GROUP/PRIVATE LESSONS</b> (L 5-6)	10:00 AM - 3:45 PM <b>OPEN SWIM</b> (L 1-4)	12:00 PM - 2:00 PM <b>PRIVATE SWIM LESSONS</b> (L 6)	12:00 PM - 2:45 PM <b>FAMILY SWIM</b> (L 4-6)
4:00 PM - 7:00 PM <b>POOL CLOSED FOR PROGRAMS</b> (ALL LANES)	10:00 AM - 11:25 AM <b>OPEN SWIM</b> (L 1-5)	4:00 PM - 7:00 PM <b>POOL CLOSED FOR PROGRAMS</b> (ALL LANES)	10:00 AM - 3:45 PM <b>OPEN SWIM</b> (L 1-4)	4:00 PM - 7:30 PM <b>SWIM TEAM/ACADEMY</b> (L 1-3)	12:00 PM-4:45 PM <b>LIFEGUARD TRAINING</b> (L 1-2)	12:00 PM - 2:30 PM <b>LAP SWIM</b> (L 3)
7:00 PM - 7:30 PM <b>SWIM TEAM/ACADEMY</b> (L 1-3)	11:30 AM - 12:15 PM <b>SILVER SNEAKERS SPLASH</b> (L 3-6)	7:00 PM - 7:30 PM <b>SWIM TEAM/ACADEMY</b> (L 1-3)	4:00 PM - 7:30 PM <b>POOL CLOSED FOR PROGRAMS</b> (ALL LANES)	4:00 PM - 5:55 PM <b>LAP SWIM</b> (L 5-6)	12:00 PM-2:00 PM <b>LAP SWIM</b> (L 3-5)	2:30 PM - 4:45 PM <b>SWIM TEAM/ACADEMY</b> (L 1-3)
7:00 PM - 7:30 PM <b>LAP SWIM</b> (L 4-5)	11:30 AM - 12:15 PM <b>LAP SWIM</b> (L 1-2)	7:00 PM - 7:30 PM <b>LAP SWIM</b> (L 4-5)	7:30 PM-8:45 PM <b>LAP SWIM</b> (ALL LANES)	4:00 PM - 8:00 PM <b>LIFEGUARD TRAINING</b> (L 4)	2:00 PM-4:45 PM <b>FAMILY SWIM</b> (L 4-6)	3:00 PM - 4:45 PM <b>LAP SWIM</b> (L 4-6)
7:30 PM - 8:00 PM <b>LAP SWIM</b> (L 1-5)	12:30 PM - 4:00 PM <b>GROUP/PRIVATE LESSONS</b> (L 5-6)	7:30 PM - 8:00 PM <b>LAP SWIM</b> (L 1-5)		6:00 PM - 7:45 PM <b>FAMILY SWIM</b> (L 5-6)	2:00 PM-4:45 PM <b>LAP SWIM</b> (L 3)	<b>L = LANE</b>
7:00 PM - 8:00 PM <b>PRIVATE SWIM LESSONS</b> (L 6)	12:30 PM - 3:45 PM <b>OPEN SWIM</b> (L 1-4)	7:00 PM - 8:00 PM <b>PRIVATE SWIM LESSONS</b> (L 6)			<b>IMPORTANT NOTE:</b> While we try to adhere to this schedule, it may change due to unexpected circumstances	<b>AQUA JOGGING = Independent water walking, jogging, or fitness</b>
8:00 PM-8:45 PM <b>OPEN SWIM</b> (L 4-6)	4:00 PM - 7:30 PM <b>POOL CLOSED FOR PROGRAMS</b> (ALL LANES)	8:00 PM-8:45 PM <b>OPEN SWIM</b> (L 4-6)			Pool schedule available online at <a href="http://www.ymcabucks.org">www.ymcabucks.org</a>	<b>OPEN SWIM = Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families</b>
8:00 PM - 8:45 PM <b>LAP SWIM</b> (L 1-3)	7:30 PM-8:45 PM <b>LAP SWIM</b> (ALL LANES)	8:00 PM - 8:45 PM <b>LAP SWIM</b> (L 1-3)				